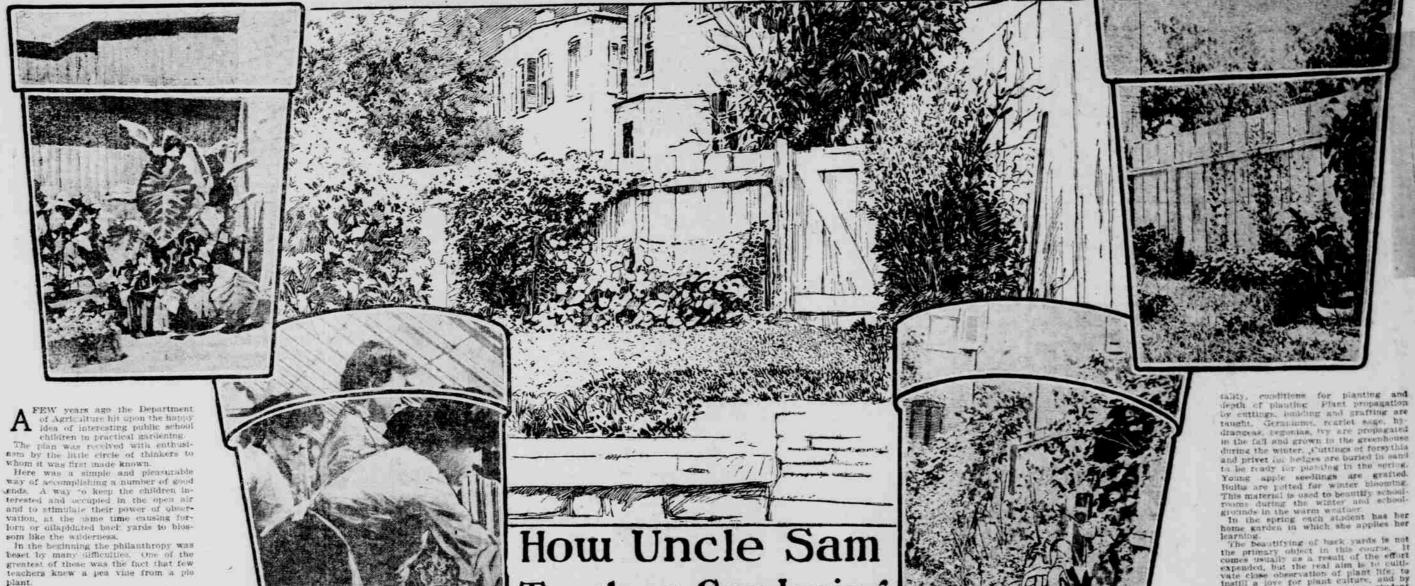
Shool for Housewives - Marion Harland.



Various methods were used to intro

duce the children to the seeds. In some instances little invelopes containing the latter were distributed to the pupils, with the laconic direction. Plant, It is likely that all of the seeds were planted-but not all of them grow. One tot carefully covered the envel-pe with six inches of soil, and eagerly ope with so inches of soil, and engering bewaited results. Several bricks were re-moved from the pavement by another youngster, the seeds most carefully dis-tributed upon the earth and the pre-as-as punctilious returned to their former

Since that time civic leagues, weman's flibs and similar institutions
have helped along the good cause by
distributing seeds, with directions for
planting on the pucket.

The results here have been much more
satisfactory than by the first method.
The lasting and most valuable results,
however, must be obtained through intelligently teaching the subject in the

How Uncle Sam Teaches Gardening To Children.

> Photographs Reproduced by Courtesy of "Floral Life," Philadelphia. PRACTICAL WORK AMONG VEGETABLES AND FLOWERS FOR FUBLIC

SCHOOL SCHOLARS rial necessary for an elementary course in horticulture. The course is under his careful guidance. Two hours a during one term is the time all

Housewives, Parents and Children Discuss Topics of Mutual Interest

Euchring the Roaches

Have never written before, but in a recent number I read "L. M. s recipe for cleaning an enameled bathrub. Can I tell you what I do." For years I have scoured and scrubbed the rub and stationary washstand, and a good friend told me the following. It saves both time and backaches:
Pour coal oil into an oid dish; take white soft cloth, dip in the oil and smear all over the tub. The stains come off at once. Then wash same over thoroughly with warm suds. It works like a miracle, I do the same with the washstand and water closet. My bathroom has tiled sides, and oil takes all stains off.

I am plagued with light brown ronches around the stove. I have tried

all stains off.

I am plagued with light brown roaches around the stove. I have tried every remedy I have read in your columns, but without success. I just cannot get rid of them:

I am afraid this letter is too long and will reach the serme lasket, but I will

I am atrain this letter is too long that will reach the scrap basket, but I will close by thanking the different ones for the helps in the kitchen line I have received reading in your paper. New York.

MRS E. W.

I WISH YOU WOULD GIVE BORAX I WISH YOU WOULD GIVE BORAX a fair trial! It has succeeded to a charm in my atty kitchen. Or, pour kerosene litte the cracks by which the pests come. Do' this in the morning, and at night strew borax thickly over shelves, stationary tubs, etc., and leave thus all night. In the morning brush it into a box and use again the next night. It is a good plan to keep the borax in a tin box and set in the even tow and then to kill possible eggs. Persevere in this for a week, and let me hear from you again.

Soiled Leather Pillow

PLEASE let me know how to clean a leather pillow that is solled by con-stant use, and oblige J. C. M.

CUT A RIPE BANANA IN HALF clean the pillow with the pulpy ie. Russet shees may be cleaned

Cleaning a Shawl WHAL you please tell me how to clean a white Shetland floss shawl, as mine is badly soiled? Colorado. A. M. C.

YOU CAN WASH IT IN GASOLINE, FOU CAN WASH IT IN GASOLINE, plunging it up and down several times, rather violently, and shaking hard between each souse. When clean, shakedon't squeeze or wring it! and hang up to dry in the shade.

Or, you can "dry-wash" it in cormical and sait, as has been often described in this column. When every part has been faithfully rubbed, cover the shawl with clean meal and leave all night.

Glue on the Carpet

K INDLY tell me how to take a give stain from a carpet.

I put a piece of cilcioth over a new carpet. When a took the cilcioth up the gibs had adhered to the carpet. The figures are all right, but they are covered with a dark stain, looking like grease.

K. H. H.

ALCOHOL WILL LEMOVE THE

Sassafras and Rheumatism

SOMEONE asked how to use sussa-fras for heumatism. If it is not against the rules of this depart-ment, would you print this extract from an old doctor's book printed in 1842 The tark is a stimulant, good against all diseases of the skin and rhoumatism

of long standing. The long-continued use of the bark steeped in water has been known to cure an inveicrate case of rheumatism. The bark and pith of the young shoots, steeped in water, make an excellent eyewater for inflamed eyes.

MRS. A. A. P. (Massachusetts).

IT IS NOT AGAINST THE RULES of the department to print anything good and helpful. In Old Virginia Sassifras tea was tockened an excellent medicine for bad colds and a good purifier of the blood when spring fever got hold of the system.

Wants to Economize

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Wants to Economize

Wollid it he pessible for the good housewises of your cortier to be teach me how to economize or how to teach me how to teach a family of three or four people on \$4 or \$6 per week? I can't say how people practice economy? So I am going to ask some of you good women to help me and teal me how to begin and where to begin.

I hate go to see my grecery bill from \$16 up, for three people, and this does not helpful mike or butter, chickens or easy kind. We are small enters.

I wish to saye, as I have my little ones inture to look out for. Then, too, I think it woom to see had sometimes tank one can't be haught economy this late. But I do not wish to best from the go d assession the subject through this late. But I do not subject through this late. But I do not hear from the go d assession the subject through this late. But I do not tree the hear from the go d assession the subject through this late. But I do not tree the hear from the go d assession the subject through this late. But I do not tree the hear from the go d assession the subject through the continues or by percental letters.

I will try and return the kindness in some with a stender plores right try. If you want them let me know.

Can arryone tell me now to clean a rusty bone grinder? Are any of you plinterested in chickens or best in the second bey her and let them know you are Then to X out the ones who seem to have the most influence over the others said tolt them for the columns. On November 9 18s, I saw where "Annoyed runth returned.

But middle them know you are Then to X out the ones who seem to have the most large and tolt them were they for the very worst boy in the otters behave or play some where she and I feet sure you will be pleased with the result.

I aske these boys do set I pleased, say they cryptessed it. There was much

I am afraid this will never see print, penst, but I trost to luck.

MRS. C. M. (Georgia).

Fre

and let stand twenty-four hours; then strain through a clean cotton cloth. Add one temporaful of acetic acid to one onnee of the limswater and apply to the blot and the ink will disappear. Absorb the moistare with blotting paper.

A MASSACHUSETTS MEMBER.

Butter to Cure a Cough I HAVE a little remedy I would like to have placed before the many mothers that read your paper. I hope it will help someone. When the children have cough caused by a cold, just give each one a lite of common dairy butter. If the butter is distasteful to the child, mix a little sugar and one or two drops of lemon or vanilla

exitact.

If you have never used this, you will be surprised to see how quickly the relief will come.

Another remedy is a half tenspoon of either white or brown sugar moistened

BESIDES HAVING A ROOTED aversion to drugs in general, I have a wholesome and orthodox dread of interfering with "the profession" by prescriptions that may or may not poison, instead of curing.

This dread doubles the satisfaction with which I give "domestic medicines" in the shape of Nature's simples, or judicious diet. A bit of butter can hurt no baby. It may loosen the tough membrane, or heal the inflamed.

An Onion for Earache

HERE is another recommendation of the same sort. The writer alludes to it as "heroic." Faithful mem-ory recalls to me the relief brought to my beby brother, over a half century ago, by precisely the same application after he had screamed himself into a

LITTLE TALKS WITH MARION HARLAND with vinegar. I prefer the first, but either one is good. A MOTHER I have seen the onion poultice tried many times since for the same terribies aversion to drugs in general. I have a

many times since for the same terraines suffering and always with success. It may not cure dearliess. It will relieve carache and is a safe and excellent remedy for incluent roup.

"When about, years old I had a severe case of mensies, minmps, earache and toothache, which left me totally deaf. And a consultation of the best physicians said I could not be cored. The prescription left was never applied, as it contained some pulson, but my mother used her own remedy, as it could do no harm if it did not cure.

"Pounices of hot blaced outous, as they retain their juice and strength, were applied on the ears and behind them also. These she received about four times a day, leaving them on over night. It do not week's time I could hear fairly well: in two weeks time they were removed and I could hear almost as well as anyone, and after that the deafness

A Family Soup

(Contribution)

A ten-cent somp bone, two gallons of cold water; cook three or four

hours and set aside till next day. The

grease will all be on top by then, and

en the stove, and when it boils put

As many carrots and entons as one

in winter, being good warmed over.

Orange Cream Pie

(Cimilificated)

One can of tomatoes.

Slice vegetables.

gradually were off entirely, leaving me with more acute hearing than the average person.
"The treatment is rather heroic to one who dislikes onlone. But what is a little trial like that to deafness all one's life? "MRS. L.

Cures for Baby's Ills

Cures for Baby's Ills

As to bronentils, our doctor said:

Put a liftle mustard in tepid water and hathe the child's body every morning. He breashes through the skin, and the flesh must be kept clean. Grease simply cloas the pores that should be kept one?

The light weight garments, preferably woolen, and not too many layers on upper part of body.

For myself, I say: Children should be most warmly clad from the waist down, for they will sit upon floors and ground in all weathers in spite of the umbet watchfulness. If feet and logs are wairmly clad you will find the hands as a role will be warm without the use of gloves. Children have been cured of a tendency to croop colds and bronchittle by dressing the lower body and legs as sensing as the arms and shoulders are usually clad.

If haby horts his finger, drop some bottens or other small objects in a basin of tepid water and see how quickly he will forget his trouble when he grasps the prettles' in the healing fuld.

Give the fathers a little credit! They often have theories well worth adopting. One paps, as regularly as he comes home lakes Master Baby to the well and reaches him to take a hig drink. And the Mannie likes it, the life is in a fair way to become, as have his brothers and slaters before him a hearty partaker of Nature's best cure for conceins the contestination.

Tours for intelligent care of our chil-dren. M.C.B. MORE COMMON SENSE: WE ALL MORE COMMON SENSE: WE ALL drink too Stric water, especially decision meets. When stomach and kidneys are a warry of the Luciness of directing fibrous mests and correctly avoids we send for a doctor and pay his fee for telling as to weak out the operan and thus the other by drinking two querts of water a day.

All credit and atmosphan house to the father who begins in time to beach his

Give the Child Fruit

HAVE never known a case of con-stipation in a chief of 4 years of age or older which would not eventually yield to a fruit diet. Let the child eat all the apples it wants-no matter if it is half a dozen a day. They won't hurt

Be sure and give it one the first thing in the morning Encourage it to eat them raw, and better raw than in any other have.

them raw, and better raw than in any other shape.

When people complain of coativeness in children they should always accompany the complaint with a statement of what the child eats.

Figs are shother good remedy. Two or three of them a day with the apple and a proper diet, helieve will our the most obstimate case.

Let them drink lots of cold water, too—not be water—and especially take a good drink the last thing before refiring.

W. (Minneapolis).

good drink the last thing before relified.

W. Chinnesspoils.

A DIETITIAN, CELEBRATED IN his day Dr. W. W. Hall, editor of the Journal of Health, used to say that it is impossible for a well, healthy person to eat enough ripe frosh grapes to harm him I had fast to the like opinion with respect to the best fruit that grows—to wit the apple. When perfectly ripe and cound, that apples hinder no man a department of the man who makes the stronger of the man who makes the stronger had been day. He will assuredly be far more likely to enjoy length of days than he who depends upon the Grap shop for phosphates and alternatives.

I saw a Sycan-old grandeon set down the other day before a basket of sained made of which the state of the stronger of sained made or victuals and drink grown in head of the light inness?

In two hours he had obeyed to such purpose that he prougly enthuled to skeleton cores. He fast of was horished and alterned. His grandeonther applanted him as a selies of a sturdy stock—all fruit enters!

* STARCHMAKING-FOR YOUNG HOUSEKEEPERS *

THERE are two different methods of making stanch, one is with bedding water, the other with cold, and it is just a question of suit ability which should be used.

It is easy when stanch reacher a certain temperature has toping point, that his full eliferating properties are developed; therefore, in the first case, this water but in the other not until the article for which it is used is touched with a seri bot from.

Anything that is to be very stiff, and to which a very hot from may be applied, such as collars, cuffs and chirts, is better starched with row and and chirts. In the week, and ought to scale before use.

Hot water starch is much move suit-able for laces and mostless much meet the use of a very but from moules where the use of a very but from moules where the one of a very but from would be danger-ous, and size for prints and take its feequired.

It is somewhat difficult to give exact

helling water, enough to turn starch clear and thick.

Fut the starch into a basin, add enough water to make a thick cream, and work this with a womder appoor until amouth, then pour in fast-boiling water, very quickly, and attrying all the time, very quickly, and attrying all the time.

**Record any makake arise, and the starch not make the starch turn, and the starch having been used in the first instance—this may be reculted by turning the starch into a suscepan and eliving point.

If the starch is it a graytab bite a little bits may be added to it it should be stirred occurationally while couling to present a sain formula.

This starch can only be used in its present condition for articles that are required very stiff, for other use it must be trained down considerably with column at the column.

A Collection of Good Recipes of General Interest

"Schnitz and Knepp"

the following dumplings:

EGG DUMPLINGS. Mix a cup of warm sweet milk with

one egg, a little salt, and a little yeast Plain Brown Steamed Pudding (petato yeast) and enough flour to make a sponge. When light work into a loaf. Let the loaf stand until about twenty minutes before serving; then cut off slices or lumps and lay on apples and let it steam through, keeping in flour.

P. S.—If a ham bone is not convement one can substitute slices of ham, liked. Flour for good hatter. MRS. D. A. B.

> Malt Buns (Contributed.)

One-third of a gallon of milk. Two-thirds of a gallon of water. One and a half cakes of compressed

From one to one-and-a-half ounces of standard malt extract, according

simply falls by pushing your hand butter. Season a can of tomatoes into it. It must have sufficient resist- with popper, calt a teaspoonful of Cook a nice sweet ham bone, that is, once, yet it has to be cut down. Never sugar and piece of butter: cook half the portion of ham left after having use water too hot. Malt extract al- un hour, so they will be boiled to ight try. If cut off slices for frying. When nearly ways helps the yeast along, so the pieces. Pour them upon the rune done add one quart of sweet dried ap- temperature of the dough and water around and sprinkly cracker crumbs ples. Those with the peel on are the must be kept down a few degrees be- on top. Put into the oven and cook best. When apples are done, or about low the usual heat. (Another recipe about an hour. It will stand quite a twenty minutes before serving, add said: "Let the dough rise three hours bit of pepper and sait. M.E. the first time and three-quarters of an hour the second.") MRS. E. F.

(Contributed)

One-half cup molasses. One-half cup butter. One cup raisins chopped and rolled it can easily be taken off. Put back One-half cup sweet milk.

Tablespoonful sugar. One teaspoonful soda and spice it To be steamed about one and a wishes; celery if you have it; one cup half hours, and eaten with whipped of rice; salt and pepper. Cook slowly cream or sauce. MRS J. A. L. potful, and lasts three or four days

Eggless Rice Pudding One quart of milk. One-half cup of rice (raw). Big piece of butter. One cup sugar.

YOU SES I HAVE PUBLISHED of standard malt extract, according to strength. You is that the other hembers of our big and growing family will lavish sympaths upon you and help you with suggestions. We receive you with open hearts and a coronal handelson.

Of standard malt extract, according to strength. You is not add extract. Grate nutmeg on top. You is ponge.

Work in flour enough to make a till it is just set—say an hour.

MRS. C. M. MRS. C. M.